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Islamabad Campus
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Office of the Students Affairs
The vision of the university “To become an internationally recognised university that contributes towards the development of the nation through excellence in education and research” articulates the desire to contribute in nation building. Youth make more than sixty percent of Pakistani nation and it is vital to equip the fresh blood with sense of responsibility and paying back to society. Community support is an integral activity, in which every institute should participate as per capacity. It not only helps in alleviating the image and credibility of the institute but also reflects as socially responsible entity.

The focus will primarily be on education, health (including psychological issues), peace, tolerance, protection and promotion of human rights, observance of the rule of law, environment, sustainable development, media, marine sciences, and conflict resolution with emphasis on trainings and skill enhancement. The CSP will be implemented with effect from Spring 2013 in-take. Every student, enrolled in undergraduate programme of Bahria University is required to serve the community for 40 hours (8 hours daily for 5 working days), which makes one week of active student participation, any time during his/her entire degree programme.
Following are the projects on which the students have worked with:

**Project Details**

1. **Women Aid Trust**
   - Provides legal aid and rehabilitation services to the women in prisons. Works towards enabling better living conditions and offers a range of community welfare, aiming towards better education and health as well.
   - BSS-1 was engaged with Women Aid Trust – WAT.
   - 52 students participated in the community support work of Women Aid Trust in two groups from 1st of March to 26th of April, 2013.
   - Students visited Attak jail, where they surveyed the male and female prisons. They interacted with them by various planned social activities.
   - After their jail visits, the students organized thrift shops to contribute in the spirit of giving, where they spent a lot of time with the Afghan community at G/10 understanding their problems.

2. **World Wide Fund – WWF**
   - Mission is to stop the degradation of our planet’s natural environment and build a better future in which humans live in harmony with nature.
   - E&S department was engaged with WWF Eco Internship Program.
   - Program was initiated in the month of May 2013.
   - The students were involved in various activities like:
     - Paper making with scrap material
     - Nature walk
     - Lectures and presentations on Importance of nature

3. **Consumer Watch Pakistan – CWP**
   - Consumer Watch Pakistan (CWP) is a civil society organization, which is committed to promoting consumer rights through consumer awareness and responsive policies.
   - Law students will be enrolled with CWP in the area of Advocacy.

4. **Community Development Council (CDC)**
   - It is a welfare organization with a vast plan to bring about a concept of community-based learning to the education sector in Pakistan.
   - 32 students from BBA-1 (A) were engaged with CDC in the project Zenith (Youth Capacity Building).
   - Students were assigned with following:
     - Cleanliness and hygiene project in Christian Colony
     - Worked in “We can be happy in hospitals too”
     - Arts and craft activity in Rehab School and students were taught various skills.
   - IV. Students have completed work and the closing ceremony was held on the 23rd of May, 2013.

5. **Rozan**
   - An Islamabad based NGO working on issues related to emotional and psychological health, gender, violence against women and children, and the psychological and reproductive health of adolescents.
   - 35 students from BBA-1 (B) were engaged with Rozan in two groups.
   - First batch has visited Rozan on 19th of February and 2nd batch on 25th of February.
   - Students worked on “Kao Hum Banain Awaaz” (Awareness Raising Programme on Child Sexual Abuse). This programme included:
     - Reading of Child sexual abuse and its effects.
     - Possible immediate physical effects.
     - Myths and facts about child sexual abuse.
     - Child sexual abuse prevention
     - How to support a child who has been sexually abused?
     - Awareness and demystification of community on the issue through trained activities with children and parents.

6. **Change In Action**
   - A project initiated by Bahria University Islamabad Campus to increase literacy for the support staff in educational institutions to a 100%.
   - 52 students of BCS – 1 (B) have worked in ‘Change In Action’ project, divided into different teams.
   - The survey teams have conducted a survey of all the lower staff working in Bahria University.

7. **Inspired Sisters**
   - The main aim of the Inspired Sisters is to identify the different types of barriers “hard to reach” groups face such as cultural, economic, social, transport, language and childcare issues and are
endeavoring to develop appropriate measures through a range of innovative and culturally sensitive methods to help overcome these barriers. They have two projects running with Bahria University:

a. 35 students from BBA-1 C have worked in the community recycling programme.

b. 23 students from BBA-1 D have been working with next. This is an establishment housing about 40 children and is working towards providing the best schooling, living standards, lifestyle, and training to the children.

c. The students were involved in teaching the orphans for their examination. Urdu, English, Art, General Knowledge, Mathematics and Science were the subjects taught by the students.

8. Bahria University and LettuceBee Kids venture to educate underprivileged children

Bahria University Islamabad Campus in collaboration with LettuceBee Kids is educating underprivileged children on voluntary basis during summer breaks for the past two years. We facilitated these street kids with computer labs, class rooms with an objective to give them basic lessons of computer and taught them some beginners’ level courses.
Karachi Campus has worked with following organizations under CSP after signing MOU with them:

1. **Shaukat Khanum Memorial Trust (SKMT)**
   Bahria University Karachi Campus (BUKC) and Shaukat Khanum Memorial Trust (SKMT) representatives signed an MOU on 23 May, 2013 at Karachi Campus. Director Karachi Campus, Captain Mohsin Hayat Malik TI (M) and Director, (SKMT) Marketing and Resource Development, Tariq Azam signed the MOU. Through this MoU our students will help in spreading the prevention of Cancer. Various awareness series have been conducted by Karachi Campus in collaboration with SKMT.

2. **Friends of Burn Centre**
   Bahria University Karachi Campus (BUKC) and Friends of Burn Centre representatives signed a MOU on 27 May, 2013 at Karachi Campus. Director Karachi Campus and Mr. Abdullah Feroz, President Friends of Burn Centre signed the MOU. Through this MoU our students will help in spreading the prevention of burns and will also provide support in fundraising for burn patients.

3. **The Citizen Foundation (TCF)**
   Bahria University Karachi Campus (BUKC) and The Citizen Foundation (TCF) representatives signed an MOU on 11 June, 2013 at Karachi Campus. Director Karachi Campus and Brig (R) Sabur Ahmed Khan, General Manager, Operations signed the MOU. Through this MoU our students will help in promoting education to students from economically deprived backgrounds and also provide support in TCF’s annual summer camp.

4. **Kashif Care Thalassaemia Care Centre (Trust)**
   Bahria University Karachi Campus (BUKC) and Kashif Care Thalassaemia Care Centre (Trust) representatives signed an MOU on 19 July, 2013 at Karachi Campus. Director Karachi Campus and Mr. Muhammad Iqbal, Chairman, Kashif Iqbal Thalassaemia Care Centre (Trust) signed the MOU. Through this MoU our students will help in spreading the awareness and prevention of Thalassaemia.

After the MOUs have been signed, our first batch of students are executing the programme at Shaukat Khanum Memorial Trust (SKMT), Friends of Burn Centre and The Citizen Foundation (TCF). The students are thoroughly enjoying the volunteer activities as it is helping them to become great human beings.
3. Students visit to School of Special Children
Students visited Karwan-e-Hayaat PCRC, Jinnah Hospital Psychiatry department, Kashana-e-Atfal-o-Naunehaal, Darul Sukun and Karsaz School for Special Children on a regular basis where help is provided by them under supervision of their course instructors.

4. Community Service outside Karachi
While IPP provides facilities and organises events for our students and faculty members to participate in community services outside the city, several faculty members and students feel motivated to join different groups and participate in activities related to their field. The aftermath of the floods ravaged interior Sind. Our students and faculty members joined different organisations that were working in the affected areas and provided counselling services among other services in Medical Health Camps arranged there.
Darul Sukoon

Institute of Professional Psychology

Following activities are being conducted by IPP under Community Support Program:

1. USAID Funded Community Services Project (Hunar Foundation)
The team at Institute of Professional Psychology at Bahria University Karachi Campus was invited by Hunar foundation a totally non-profit, donor funded organization involved purely in social service for a project funded by USAID as part of the admission process for vocational training program. The objective of this assessment was to provide assistance in assessing and identifying “at risk” young men from slum areas of Karachi and those who also have the basic capability to participate in academic programme of the Hunar foundation for vocational training programme with the idea of making them employable for life and provide them a viable positive options for their future. A total number of 250 candidates were assessed and interviewed by the team of Institute of Professional Psychology Bahria University. The IPP team comprised 20 members including faculty and students.

The Institute of Professional Psychology has a legacy of providing psychological help and community services free of charge that act as a bulwark for our students to work with people from all strata of the Pakistani society. IPP has created events and visits both in and outside the city limits in order to familiarise our students with community service.

2. Mental Health Camps
These camps have been a regular feature of IPP since several years. These help to create awareness on the occasion of the Mental Health Day and through student trainings initiated a month prior to the event; give the students first hand interaction with their potential clients in the University premises.

- Mental Health Camp 2009
- Mental Health Camp 2010
- Mental Health Camp 2011
- Mental Health Camp 2012
1. Bahria Medics
Bahria Medics has been established by the students of Bahria University Medical and Dental College. This body was established with an objective to serve the community through various projects like Students Blood Bank, Students Drug Bank, Medical Camps, Dental Camps, School Health Services and other activities through which the BUMDC interacts with the local population.

2. Patients Welfare Association
Students of Medical and Dental College of BU worked with PWA under CSP Program 2011, a series of blood drives were organised at the Bahria University Medical and Dental College Karachi Campus and over 50 pints of blood and funds were collected and handed over to the Patients Welfare Association.

3. Husaini Haematology and Oncology Trust
Another series of blood drives was organised in 2012 and we successfully collected over 110 pints of blood and provided free screening of AIDS (HIV), Hepatitis B, Hepatitis C, Syphilis, Thalassemia Trait and Malaria to all our donors.
In the spirit of growing further, in 2013 Bahria Medics donated 50 pints of blood to the Husaini Blood Bank’s Thalassemia wing and after that organised another series of blood drives at Bahria University Medical and Dental College Defence campus branch and collected over 60 pints of blood.

4. Free Dental OPD Services
Dental Section of Bahria University Medical and Dental College Karachi has been operational since Feb 2011. The OPD has been providing basic dental health including dental fillings, extractions, and prophylaxis as community based services which is free of cost for the welfare of under privileged people who have no access to free dental healthcare. This is aided by educational videos on Tooth Brushing Techniques and the use of Dental Floss. Besides, community based school health programs are also conducted to increase awareness regarding Oral Health among children and identifying diseases to devise necessary preventive strategies. The total number of population that has availed the facilities is more than 7000.