



NEWSLETTER

Quarterly

Bahria University Health Sciences Campus Karachi

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VICE ADMIRAL ATHER MUKHTAR RESUMES CHARGE AS DG



Vice Admiral Ather Mukhtar HI(M) has joined Bahria University Health Sciences, Campus Karachi in January 2023 as Director General. He got commission in Operations Branch of Pakistan Navy in 1984. During his illustrious career, Vice Admiral Ather Mukhtar served on various Command and Staff appointments like command of Pakistan Navy Ships, Commander 9th Auxiliary & Mine Warfare Squadron, Commandant PNS BAHADUR, Commander North, Director General Pakistan Maritime Security Agency, Commander Karachi, Assistant Chief of Naval Staff (Training), Deputy Chief of Naval Staff (Admin) and Deputy Chief of Naval Staff (Training & Evaluation) and Chief of Staff (Personnel). He did his Master of Science (MSC) in Defence and Strategic Studies from the National Defense University. He has been Pakistan Ambassador/High Commissioner to Maldives for three years from 2020 to 2022.

8TH CONVOCATION OF BUHSC

The 8th Convocation of Bahria University Health Sciences Campus Karachi was held on 28th October 2022. More than 250 students from MPhil, Medical, Dental, Physiotherapy, Nursing and Medical Lab Technology received their degrees from Admiral M Amjad Khan Niazi (NI), the honorable Chief of Naval Staff (CNS) and Pro-Chancellor of the university who was the Chief Guest of the event which was organized in the Ibn-e-Sina auditorium of the campus.



From the Editor's Desk

Indeed, it is a moment of great pride and pleasure to present before you the first Newsletter of Bahria University Health Sciences Campus, Karachi. The main objective of this publication is to highlight and publicize the academic, extra-curricular and other achievements of our institution, faculty, alumni and students. It is in your hands now and hope you will like and appreciate the untiring efforts of all the members of editorial board. In Sha Allah, it will be published quarterly (4 issues per year) in the months of March, June, September and December.

Bahria University Health Sciences campus is expanding in the highest fast pace. It started with a Medical college only, but now it has a Dental college, College of Physical Therapy, Nursing College, College of Allied Health Sciences and Health Sciences Post-graduate Institute. We will try to cover news from all these colleges and institutes.

In publication of this newsletter, we have tried our best to maintain the highest and premier standard in accordance with our institution. Your advices and criticism are always welcome to improve the quality of publication.



RECTOR'S FIRST VISIT TO BAHRIA UNIVERSITY HEALTH SCIENCES CAMPUS, KARACHI

The Honorable Rector Bahria University, Vice Admiral Asif Khaliq, HI(M), had made his first visit to BUHSCK on 19th December 2022, Monday. The Director General, Dean Health Sciences along with the senior faculty and administrative staff welcomed the Rector. After the welcome note by Dean, Prof Dr. Ambreen Usmani; the briefings of the medical and dental campuses were given by Prof Dr. Khalid Mustafa, Vice Principal (Medical) and Prof Dr. Kulsoom Fatima, Vice Principal (Dental). The briefing about the postgraduate institute BUHS-PGI was given by Prof Dr. Nasim Karim, whereas orientations regarding the Allied health disciplines were also made by Dr. Mahreen Latif Principal Allied Health Sciences. The Rector was also given update for the new dental building, which was followed by a short tour of BUHSCK and the girls' hostel.

ANNUAL DINNER BUHSCK

The annual dinner in the honour of Graduates and Post Graduates was held on the same day post convocation event which was chaired by the Director General and attended by the faculty members and participants of the 8th Convocation of BUHSC(K).



GOLD AND SILVER AWARD WINNERS IN 8TH CONVOCATION



Asra Khan Pahore
Gold Medalist
M.Phil Pharmacology



Ahmed Ali Khan
Gold Medalist
M.Phil Anatomy



Fouzia Fazal
Gold Medalist
M.Phil Pathology



Hina Amjad
Silver Medalist
M.Phil Pharmacology



Mariya Azam Khattak
Silver Medalist
M.Phil Anatomy



Anum Fatima
Gold Medalist
MBBS



Hafsa
Silver Medalist
MBBS



Areeba
Aurangzeb
Gold Medalist
BDS



Anmool
Zaman Satti
Silver Medalist
BDS



Rimsha
Gold Medalist
MLT



Natasha Irshad
Silver Medalist
MLT



Saba Ramzan
Gold Medalist
DPT



Samiya Asghar
Silver Medalist
DPT



Naila Riaz
Gold Medalist
Nursing



Zarmina
Silver Medalist
Nursing



ENT CLINICAL MEETING

A clinical meeting was organized by the department of ENT in collaboration with Pakistan Society of Oto-rhino-laryngology (PSORL) on 24th December 2022 at PNS Shifa Hospital, Karachi. This meeting was attended by huge number of eminent senior professors, ENT consultants, faculty members, ENT residents and post-graduate students of Karachi. This clinical meeting is a regular and monthly feature of PSORL and held in all major institutes of Karachi on rotation basis. 5 interesting and complicated cases were presented which generated a fruitful and scientific discussion for managing such cases. At the end Commandant PNS Shifa Hospital, Surg Cdre. Muhammad Rafique in his concluding speech much appreciated the efforts of ENT department and Pakistan Society of ORL for organising such scientific activity.



WOMEN LEADERSHIP RESIDENCY PROGRAM

Prof Dr Ambreen Usmani, Dean Bahria University Health Sciences attended a Women Leadership Residency Program at Michigan State University USA from 29 August till 9 September 2022. This 2 year program is sponsored by US Embassy in collaboration with National Academy of Higher Education (NAHE). Prof Dr. Ambreen Usmani was one among the 25 eminent candidates selected all over Pakistan

CAPACITY BUILDING OF UNIVERSITY'S FACULTY BY USEFP

United States Education Foundation in Pakistan (USEFP) in collaboration with Higher Education Commission (HEC) of Pakistan, University of Kentucky USA and Kohat University of Science and Technology (KUST) Pakistan conducted a training program "Capacity building of academic leadership in advanced research, teaching methodologies and services provision" from 13th June to 2nd September, 2022. More than 200 faculty members and key administrators from all the universities from Pakistan took part in this online training module with 80 hours of course work. Seven participants from different campuses of Bahria University participated in it and Prof. Dr. Iqbal Hussain Udaipurwala joined from Bahria University Health Sciences Campus, Karachi. The main objective of this program was to strengthen the capacity of higher education institutions of Pakistan in good governance, academic leadership, research training and improving services

WORLD ANATOMY DAY

Department of Anatomy BUHSC participated in the "World Anatomy Day" organized by Basic Medical Sciences Institute (BMSI) Jinnah Postgraduate Medical Center (JPMC), Karachi on 10th of October 2022. Prof Dr. Ambreen Usmani and Prof Dr. Aisha Qamar delivered keynote speeches. Renowned Educationalists from all over the world contributed with their services in anatomy and latest researches. Oral presentations were given by Dr. Quratulain Javaid, Dr. Ayesha Saba Naz, Dr. Ambreen Surti, Dr. Samia Khalid. Dr. Yasmeen Mahar and Dr. Ayesha Mehresh participated in the poster competition.



Prof Dr. Ambreen Usmani has been awarded by College of Physician and Surgeons Pakistan (CPSP) with honorary Degree of FCPS in Anatomy.



Dr. Rida Ali, (MBBS, FCPS Paeds, Fellowship in Neonatology), Assistant Professor Paediatrics, has completed her second fellowship training in Neonatology from PNS SHIFA.



Dr. Shazia Fakhir Durrani, Senior Registrar Paeds, (MBBS, MCPS Paeds, MHPE), has successfully completed her Masters Degree in Health Professions Education from Aga Khan Medical Education.

OUR ALUMNI: OUR PRIDE



Dr. Muhammad Ifraheem Khan graduated from BUMDC now known as BUHSC Karachi in 2013 from the first batch of MBBS. He completed his house job from PNS Shifa Hospital Karachi and MTI Teaching Hospitals D.I Khan. He started his training in General Ophthalmology in 2016 in Pakistan Institute of Medical Sciences Islamabad where he was awarded a scholarship for Phacoemulsification training by WHO in China. For the last year of his training, he moved to Layton Rehmatullah Benevolent Trust (LRBT) Eye Hospital Karachi and passed his FCPS exam in General Ophthalmology in January 2020 and continued as an associate ophthalmologist at LRBT for 6 months. Afterwards, he joined Hayatabad Medical Complex for his second fellowship training in Paediatric Ophthalmology and was awarded a scholarship by International Ophthalmology Fellowship Foundation for 3 months observership in Paediatric Ophthalmology at St Thomas Hospital London. After completing his second fellowship in June 2022, he joined University Hospitals Birmingham NHS Foundation Trust as a Fellow for advance training in comprehensive Ophthalmology through scholarship and is currently working there.



Dr. Muhammad Wajahat Alam Lodhi is a graduate from the first batch of Bahria University Health Sciences Campus (BUHSC) formerly known as Bahria University Medical and Dental College (BUMDC) Karachi. He completed his house job from the Pakistan-Emirates hospital Rawalpindi. He completed his residency in cardiology from Armed forces institute of Cardiology / National Institute of Heart Disease Rawalpindi. He passed his Fellowship in Adult Cardiology (FCPS) in 2022 making him the first cardiologist from Alumni and is at present working as Registrar cardiology in Fauji foundation hospital and Fauji foundation cardiac center of excellence. He is currently undergoing his 2nd fellowship in the field of interventional cardiology. He is also registered with General medical council (UK) and an International associate of American College of Cardiology. He is soon scheduled to shadow in Oklahoma Cardiac center (USA) as a recipient of a scholarship initiated by Pakistan cardiac Society and Rukhsana foundation.

PHARMACOLOGY STUDENT ACTIVITY 2022 "PHARMACO-VIGILANCE"



On Monday, 3rd October 2022, the Pharmacology department of Bahria University Health Sciences Campus, Karachi, organized their annual student activity as a tradition of their department for past many years. The theme of this year's activity was "Pharmacovigilance" which deals with the safe and effective use of drugs following all ethical and moral guidelines. The students from various disciplines comprising of MBBS, BDS, MLT & DPT participated whole heartedly in this. The structure of this year's activity was video representation in the form of skits acted by the students themselves highlighting the various aspects of irrational use and abuse of drugs along with their proper handling via healthcare practitioners. The Director General of the college was the chief guest of the event which was attended by the senior faculty members also. The DG appreciated the students and faculty members for the constructive use of the platform to bring awareness and distributed the appreciation certificates to them in the end.

CONFERENCE ANNOUNCEMENT 5TH BUHSCK INTERNATIONAL CONFERENCE

BUHSC is organizing 5th International Conference with theme "Contemporary trends in healthcare" from 5th to 11th June 2023. The conference will have plenary, webinar and scientific sessions apart from pre-conference workshops, seminars and poster display. Renowned speakers of national and international repute will embrace this conference.

PhD PROGRAMME STARTS AT BUHSCK

PhD in health sciences program obtained NOC from HEC on 8th December 2022 with effect from spring 2023.

JBUMDC BECAME COPE MEMBER

Journal of Bahria University Medical and Dental College which is HEC recognized "Y" category quarterly published journal, now got membership of Committee on Publication Ethics (COPE).



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Meet
Our
Team