



NEWSLETTER

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With Patriotism and Unity, BUHSCK Commemorates Pakistan's Independence Day



Pakistan's Independence Day on 14th August 2025 was commemorated at BUHSCK with pride and patriotic spirit. Themed "Mark-e-Haq," the celebration commenced with a solemn flag-hoisting ceremony led by the esteemed Vice Admiral (R) Ather Mukhtar HI(M) DG BUHSCK. The occasion was attended by the Dean, Director Campus, Principals, faculty members, students, alumni, and BUHSCK officials, whose collective participation underscored the significance of the day.

In his inspiring address, DG BUHSCK emphasized the enduring values of unity, resilience, and service to the nation, urging all to uphold these ideals in their personal and professional lives. The program featured vibrant performances, heartfelt speeches, soulful Milli Naghmas, and a symbolic cake-cutting ceremony, which added a festive spirit and brought the BUHSCK community together in a memorable celebration of Pakistan's independence.



World Hepatitis Day - Awareness and Scientific Programme held at the BUHSCK

On July 30, 2025, the Department of Medicine at BUHSCK, in collaboration with the Pakistan Society of Physicians (Sindh Region), organized a comprehensive World Hepatitis Day program themed *"Let's Break the Silence Before It Breaks Us"* featuring scientific presentations, a panel discussion, and a poster competition. The initiative aimed to raise public awareness and address the challenges of viral hepatitis. Major General (R) Shehla M. Baqai HI(M), Dean HS and Principal BUMC, inaugurated the event by underscoring the urgency of early diagnosis and coordinated clinical action. The event was attended by BUHSCK faculty, medical students, and healthcare professionals.

The program included an esteemed keynote scientific session by Prof. Dr. Wasim Jafri on *"From Discovery to Elimination of Hepatitis B & C,"* complemented by expert lectures from Dr. Nazish Butt on hepatitis C guidelines and Prof. Dr. Sajid Abbas Jaffri on liver cirrhosis.



The session concluded with an insightful panel discussion on *"Clinical Challenges in Hepatitis Management"* featuring distinguished experts: Prof. Dr. Wasim Jafri (Renowned Gastroenterologist; Former Chair, AKUH), Prof. Dr. Shehla M. Baqai HI(M) (Women's Health Advisor; Dean & Principal, BUHS-CK), Prof. Dr. Jameel Ahmed (Dean, Baqai Medical University), Prof. Dr. Badar Faiyaz Zuberi (Former Dean & Chair of Medicine, DUHS), Prof. Dr. Qaiser Jamal (HoD Medicine & Allied, ASH/KMU), Prof. Dr. Amanullah Abbasi (Chair of Medicine, DUHS), and Brig. (R) Prof. Dr. Pervaiz Asghar (Consultant, BUHS-CK). The panel underscored the urgent need for enhanced screening programs, improved patient follow-up systems, and stronger public health initiatives to curb the growing burden of hepatitis in Pakistan. In his concluding remarks, Vice Admiral (R) Ather Mukhtiar HI(M) reaffirmed the institution's commitment to combating hepatitis and honored the distinguished guests. A screening desk underscored the message: *"Get tested. Get treated. Get vaccinated."* The program ended with a symbolic hepatitis awareness walk.



Bahria University Leads Health, Climate & Community at WUACD 2025



Bahria University Pakistan showcased excellence in health sciences and global collaboration at the 2025 World University Association Summit in Surabaya, with over 300 delegates from more than 100 countries, Indonesia, from June 13–15, alongside the ASEAN Microbial Biotechnology Conference (AMBC) and the AUN/SEED-Net Regional Conference. Representing Bahria University Pakistan. The WUACD Summit 2025 focused on building academic partnerships to support community development and advance the Sustainable Development Goals. Bahria University, a WUACD member was invited to contribute by fostering international collaboration and enhancing research impact for community benefit. Major General (R) Prof. Shehla Baqai, Dean Health Sciences BU and Principal BUMC, represented Bahria University at the summit. Prof. Baqai, invited keynote speaker, presented her original research on “Impact of Climate Change on Maternal and Neonatal Outcomes: Mitigation, Adaptation, and Climate Resilience”, was highly praised, with several international universities expressing keen interest in adopting Bahria University's climate-health initiatives. In her strategic meetings, Prof. Baqai met with the leadership of Universitas Airlangga and WUACD delegates from universities worldwide—including Indonesia, Malaysia, Thailand, Australia, Japan, Türkiye, the USA, Egypt, and South Korea—to advance joint research, academic exchanges, and collaborative initiatives. She also visited UNAIR's teaching hospitals and community health centers, gaining valuable insights into local healthcare models and exploring opportunities for future cooperation. WUACD summit-2025 cemented Bahria University's position as a leader in global health and sustainability. Its community-based projects and vision for climate resilience were recognized internationally as exemplary models for other universities to adopt.



BUCPT Student Sabiha Laghari Triumphs, Securing Gold Medal in IOBM Badminton Tournament

Sabiha Laghari, a student of Bahria University College of Physical Therapy, brought great pride to BUHSC by clinching the Gold Medal in the Women's Singles Badminton Tournament organized by the Institute of Business Management (IOBM) on July 24, 2025. Principal BUCPT, Dr. Khalid Aziz, attended to applaud her dedication and encourage her spirit.



RCOG 2025: Dean Health Sciences BU Advocates for Women's Health Amid Climate Challenges

Major General (R) Prof. Shehla Baqai, Dean Health Sciences and Principal BUMC, actively participated in the RCOG World Congress held at ExCeL London from 23–25 June. She presented two scientific papers on the impact of climate change on women's health, aiming to raise awareness and encourage evidence-based interventions. Her participation reflected Bahria University's vision of advancing research excellence and its mission to address global health challenges through knowledge, innovation, and community-focused solutions.



Raising Awareness Together: BUHSCK and AMTF's Thalassemia Prevention Seminar

BUHSCK, in collaboration with Afzaal Memorial Thalassemia Foundation, held a Thalassemia awareness session on 8th August 2025 in BUHSCK to educate and equip future healthcare professionals in Thalassemia awareness, prevention, and patient support. The seminar brought together faculty, students, and healthcare professionals from BUHSCK.

The event began with an address by Major General (R) Shehla M. Baqai HI(M), Dean BUHSCK and Principal BUMC, stressing the collective responsibility to combat thalassemia through early detection, premarital screening, family counseling, and community engagement. It was attended by BUHSCK faculty, students, and healthcare professionals. Dr. Asim Qidwai, CEO AMTF, emphasized the importance of prevention over treatment, noting that every participant becomes a torchbearer for a healthier generation. The program concluded with Vice Admiral (R) Athar Mukhtar HI(M) presenting a shield to Dr. Qidwai in recognition of AMTF's contributions.



Bahria University Dental College Hosts Expert-Led Forensic Dentistry Workshop

On 27th May 2025, BUDC hosted an enlightening guest lecture and hands-on workshop on forensic dentistry, tailored for dentistry students and faculty, led by Dr. Syed Jaffer Abbas Zaidi, Oral Biology. The event was honored by Maj. Gen. (R) Dr. Shehla M. Baqai, Dean HS, Principal of BUMC and welcomed Dr. Kashif Naqvi, Principal BUDC. This initiative helped bridge gap from theory to practice.



Green Drive Cultivates Skills for a Sustainable Future at the BUHSCK Platform

Under its "Go Green Mission," BCUAHS organized a community plantation drive at Cosy Homes Park, Karachi. The event trained students and faculty in landscaping and conservation, reinforcing BU's commitment to sustainability and a greener urban future.

