



# NEWSLETTER

Quarterly



## Bahria University Health Sciences Campus Karachi

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### 12<sup>th</sup> Convocation Ceremony at BUHSCK

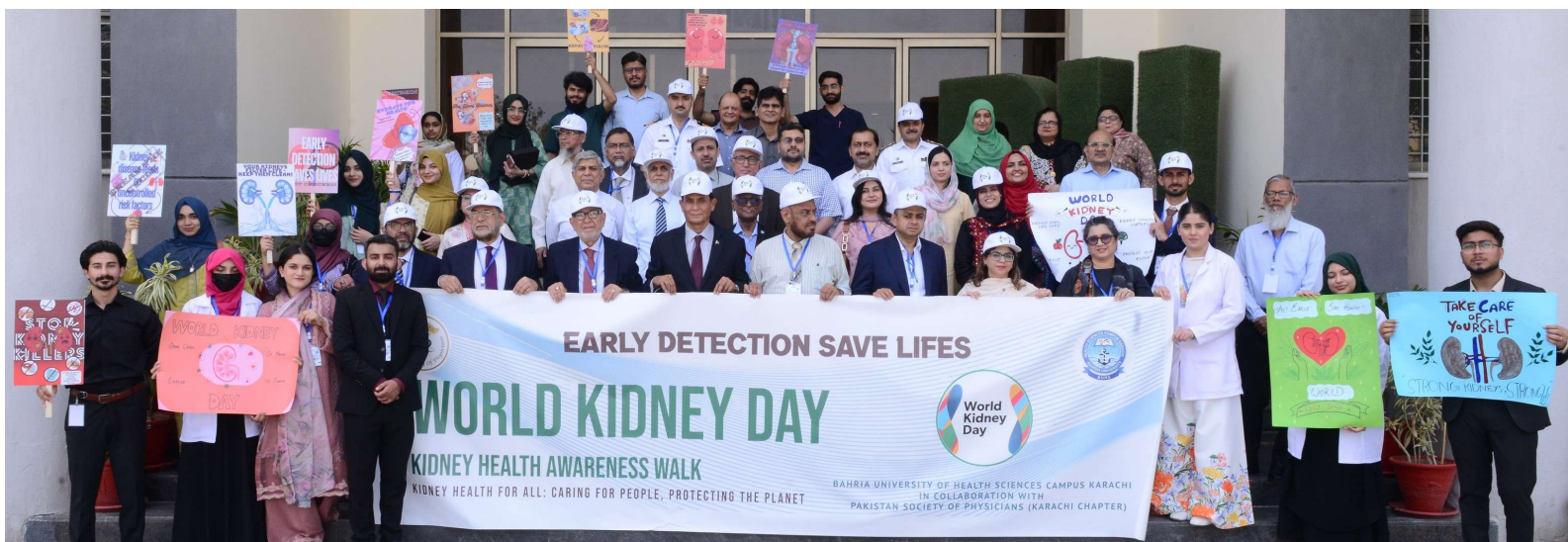
Bahria University Health Sciences Campus Karachi successfully held its 12th Convocation on 25 April 2025 in two separate sessions, celebrating the achievements of graduates across multiple disciplines. The morning session was graced by Vice Admiral Abid Hameed HI(M), Rector Bahria University, as Chief Guest, while the afternoon session featured Prof. Dr. Nazli Hossain, Vice Chancellor, Dow University of Health Sciences, as Chief Guest. Addressing the graduates, the distinguished guests emphasized professional integrity, leadership, and commitment to excellence in healthcare. Vice Admiral (R) Ather Mukhtar HI(M) highlighted the importance of compassion, collaboration, and innovation, while Prof. Dr. Shazia Shakoor, Dean Health Sciences, administered the graduates' oath.



## BUHSCK-Symposium on Global Kidney Health Advancements

To commemorate World Kidney Day 2026, the department of medicine at BUHSCK in collaboration with the Pakistan Society of Physicians and Getz Pharma convened a prestigious academic symposium on April 9. The event brought together leading national nephrologists and physicians to address the escalating global burden of chronic kidney disease.

The conference advanced medical dialogue through expert-led scientific sessions on cutting-edge therapeutics, clinical trials, and healthcare policy reforms. Key highlights included a competitive student research poster presentation evaluated by an expert jury, a high-level panel discussion featuring top medical authorities, and a public health awareness walk. This impactful symposium underscores BUHSCK's commitment to fostering clinical research, continuing medical education, and interdisciplinary collaboration in healthcare.



## 2 Days Cardiometabolic Screening Camp at BUHSCK

A two-day cardio-metabolic screening camp on 27–28 April 2026 to promote preventive healthcare and early detection of cardio-metabolic risk factors. The camp received an overwhelming response, with more than 550 participants including students, faculty, administrative staff, and support personnel from all constituent colleges of the campus. Participants underwent comprehensive screening including anthropometric measurements, blood pressure, blood glucose, body fat composition analysis, and assessment of cardio-metabolic risk factors, enabling early identification of hypertension, diabetes, obesity, and related disorders. A key highlight of the initiative was the active involvement of trained student volunteers, who gained valuable hands-on experience in screening procedures, patient interaction, and workflow management, thereby strengthening practical learning in preventive healthcare. The camp also promoted interdisciplinary collaboration and increased awareness regarding lifestyle-related diseases and the importance of routine health screening. The initiative was highly successful in fostering community health awareness while aligning with BUMC's vision of integrating medical education with community service and preventive healthcare.



## Guest Lecture on Career Prospects in Public Health



Bahria University Health Sciences Campus Karachi hosted an insightful guest lecture on “Career Prospects in Public Health” on 6 May 2026, delivered by Professor Dr. Muhammad Aziz Rahman of Federation University Australia. Recognized among the world’s top 2% scientists for six consecutive years (2020–2025), Professor Rahman shared valuable perspectives on the expanding scope of Public Health in addressing contemporary global health challenges.

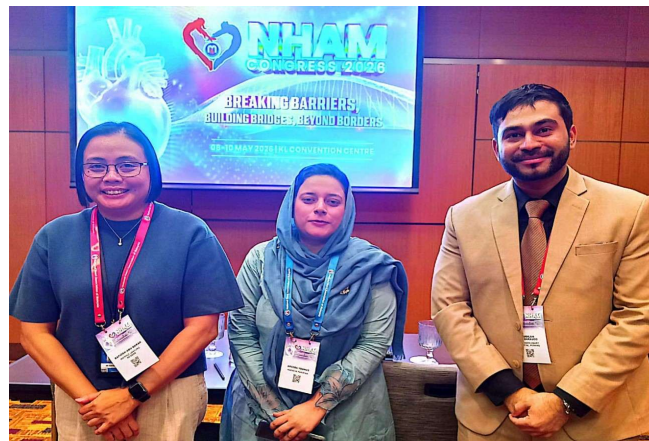
The session moderated by Maj Gen (R) Prof. Dr. Shehla M. Baqai, Principal, BUHS Karachi and attended by MBBS and BSPH students, along with faculty members from the Department of Community Health Sciences.

The lecture highlighted diverse career pathways in epidemiology, global health, health policy, research, academia, and international health organizations. Participants also gained insight into emerging opportunities for interdisciplinary research, international collaborations, and the growing demand for Public Health professionals in advancing population health outcomes.



## BUHSCK Faculty Participation at NHAM Congress 2026 in Kuala Lumpur, Malaysia

Dr. Areeba Younus Farooqi, Gold Medalist and Senior Lecturer in the Department of Anatomy, successfully presented her M.Phil. research at the prestigious NHAM Congress 2026 in Kuala Lumpur, Malaysia. Held from May 8–10, the international conference hosted delegates from 25 countries. Dr. Areeba’s abstract was competitively selected from over 3,000 global submissions, earning international academic exposure and showcasing our university’s research excellence on a global platform.



## Student Spotlight

Alishba Eman, a student at Bahria University College of Physical Therapy, achieved several historic milestones between November 2025 and April 2026. Alishba Eman has earned a World Record Certification Agency (WRCA) London world record as the youngest female author in AI and Mental Health. The author of four books, Alishba was named a “Grand Master” by the Asia Book of Records and a Women in Tech Global Ambassador. She is also developing tech solutions for the Sindh Government and mental health platforms.

