



NEWSLETTER

Quarterly

Bahria University Health Sciences Campus Karachi

March 2024 Vol. 2 No. 1



Patron in Chief:

Vice Admiral (R) Ather Mukhtar HI(M)
Director General, BUHSCK

Patron:

Maj. Gen. (R) Prof. Shehla M Baqai, HI(M)
Dean HS & Principal, BUMC

Editor:

Prof. Dr. Iqbal Hussain Udaipurwala

Managing Editor:

Dr. Ayesha Saba Naz

Assistant Managing Editor:

Dr. Syeda Hafiza Afsheen Nazir

Technical Assistant:

Mirza Hassan Ahmed

BUHSCK Sports Week 2024



BUHSCK held its sports week, from 19 to 23 February 2024. Over 400 students showcased their talents. The week was a fusion of athletic prowess and cultural vibrancy. Major General (R) Prof Dr. Shehla M. Baqai HI (M) inaugurated sports week. The audience, clad in colored shirts representing their disciplines, added a visual spectacle to the festivities, with principals joining in support. Vice Admiral (R) Ather Mukhtar HI (M) graced the closing ceremony, awarded champions with gold medals and trophies. The event concluded with a Qawali Night and food stalls.



BUHSCK Alumni Homecoming 2024

BUHSCK proudly hosted its first ever alumni homecoming on 23 December 2023. This historic event aimed to foster connections, celebrate achievements, and honor the vibrant BUHSCK alumni community. The evening commenced with a warm welcome from Major General (R) Prof Dr. Shehla Baqai, HI(M), Dean Health Sciences and Principal Medical

College, setting the tone for an evening filled with camaraderie and nostalgia.

Vice Admiral (R) Ather Mukhtar, HI (M), Director-General BUHSCK, delivered closing remarks. A total of 150 alumni, including 50 spouses, attended the event, making it a truly grand affair.



Workshops conducted by Department of Obstetrics & Gynecology, BUHSC

Department of Obstetrics & Gynecology, BUHSC conducted a series of workshops in the month of January. First one being “EMOTIVE and PPH bundle approach” on 5th January. Vice Admiral (R) Ather Mukhtar HI (M) D.G, BUHSC(K) was the chief guest.

The second workshop was on “Hyperglycemia in pregnancy” conducted on 12th January. The guest of Honor were Rear Admiral Ijaz Ahmed, DGMS navy and Surg. Commodore Muhammad Rafique, Commandant PNS SHIFA Hospital.

Both the workshops were well attended having more than 122 participants on each day.

Patron & chief facilitator was Dean Health Sciences, Principal BUMDC & HOD Gynae; Maj. Gen. (R) Shehla M. Baqai. She delivered keynote talks on each day. Both plenary sessions were followed by comprehensive hands on practice session facilitated by HOD and faculty members.



CHPE Second and Third Contact Session

Medical education department conducted the second face-to-face contact session of the second batch of CHPE from 26th to 29th December 2023 and 04th-08th March 2024. Second module was based on “Instructional

strategies and learning” and Third module was based on assessment. The main facilitator for the session was Dean health sciences and Principal BMU, Maj Gen (R) Prof. Dr. Shehla Baqai, HI (M).



Preconference Workshops of CPSP at BUHSC

BUHSC organized five back-to-back pre-conference workshops for College of Physicians and Surgeons Pakistan, International Medical Education Conference 2024 (CPSP IMECon 2024) from 12th to 16th February 2024. These workshops were headed by the Dean and Principal, BUHS, Major General (Retd) Prof Dr Shehla M Baqai, HI(M) with the Department of Medical Education, Dr Khadija Farrukh, HOD-DME, Dr Fatima Zehra, Senior Assistant Professor, DME and Dr Shazia Fakhir Durani, Senior Registrar. Dr Shazia Fakhir Durani. The workshops had high number of

participants and faculty, they helped the audience to enhance their capacity building. The topics of the workshops were “Workplace based assessment WPBA”, “Developing high quality MCQ”, “Mentoring”, “Artificial intelligence in Medical education” and “Professionalism” The President CPSP and Head of Department Medical Education CPSP Prof Dr Siraj-ul-Haque were Guest of honour on Monday, 12th February 2024 for the opening of the workshop based on Workplace Based Assessment.



Activities of BU College of Physical Therapy

The auspicious “White Coat Ceremony” was organized by BUCPT, BUHSCK on t 2nd February 2024 to extend a ceremonious welcome to the incoming students of DPT Batch -VIII, MLT Batch-VII and Biotechnology Batch-II. Vice Admiral, (Retired) Ather Mukhtar, Hilal-e-Imtiaz, Military, Director General, BUHSC was the Chief Guest. Gracious welcome was delivered by the Director Campus. Principal, BUCPT, further enriched the event by providing an illuminating insight about the physical therapy field. Principal

BUCAHS enlightened the gathering about MLT and Biotechnology programs. The Chief Guest addressed the audience with the noteworthy insights. A symbolic gesture of bestowal followed as the dignitaries distributed the white coats among the students. Students participated in the sign-in ceremony with their parents and the program was concluded with the high-tea for guests.



Workshop on “A Comparison of Western Human Perceptual Model Vs Iqbal’s Quranic Human Perceptual Model”



Workshop on “A Comparison of Western Human Perceptual Model Vs Iqbal’s Quranic Human Perceptual Model” was organized on 31 January 2024. Dr. Muhammad Abid Ali, Coordinator Iqbal Chair BUIC, conducted the Workshop. The Director General, BUHSCK graced the occasion with his presence. Dr. Najm-ul-Sahar Ilyas, HOD General Education & Coordinator Iqbal Chair BUHSCK had given the welcome address.

Dr. Abid Ali enlightened the audience with the vision of Iqbal and enlightened the concept of Iqbal’s interpretation of Quranic teachings to shape the views of Muslim youth on spirituality, self-realization, and social justice. A shield of appreciation was awarded to Dr. Muhammad Abid Ali in the end by DG BUHSCK

Our Alumni: Our Pride



Dr. Mehwish Ansar is a dedicated medical professional from the second batch of Bahria University. Passion for surgery led her to complete my general surgical training at PIMS Hospital. After successfully passing MRCS, she furthered her expertise with Hepatobiliary surgery at Kings College for a year and was also got opportunity to work with organ retrieval team. Currently, she serves as a General Surgery Research Fellow at Wirral. She is also a Portfolio Mentor and Faculty Member of the Royal College of England. Dr. Mehwish is pursuing a diploma in medical education to further enhance her teaching abilities.

Guest Talk by Prof. Dr. Javed Iqbal



BUHSCK organized an impactful guest talk in collaboration with the Character Education Foundation (CEF), on 26 February 2024, featuring distinguished guests, Founder and Executive Chairman Mr. Mahmood Ahmed and Prof. Dr. Javed Iqbal, President and Director of the Character Education Foundation. Dr. Iqbal's enlightening address, titled "The Bright

Future of Pakistan," illuminated the auditorium with hope and wisdom, nurturing character and resilience in our youth. The Director General BUHSCK extended gratitude to Chairman Mr. Mahmood Ahmed and Dr. Iqbal CEF for their enlightening discourse, stressing the importance of instilling values like integrity and empathy in the younger generation.

Inspiring Efforts of Dean Health Sciences

The Dean Health sciences, Maj Gen (R) Prof. Dr Shehla Baqai had organized "Guest talks by International guest speakers" on 1st March 2024. The President of ACCME, Dr. Graham McMohan was also invited. Professor Johan Fagan, President of Colleges of Medicine of South Africa (CMSA) on presented a talk on the topic of "Gold standards in cancer care". Dr Jabeen Medical Director SimKids Toronto Canada delivered a talk on the topic of "Simulation based medical education".

A Joint Medical Education workshop on "Entrustable Professional Activities EPAs" was conducted by eminent Medical Educationist Professor Gominda Ponnampuruma University of Colombo SriLanka and Dean Maj. Gen Shehla Baqai. The workshop was attended by participants of CHPE batch II and faculty members.

Dean Maj. Gen Shehla Baqai was invited for keynote talk on Adolescent PCOS at the PCOS summit.



Editor:

Prof. Dr. Iqbal Hussain Udaipurwala



Managing Editor:

Dr. Ayesha Saba Naz



Assistant Managing Editor:

Dr. Syeda Hafiza Afsheen Nazar



Technical Assistant:

Mirza Hassan Ahmed

**Meet
Our
Team**