



NEWSLETTER

Quarterly

Bahria University Health Sciences Campus Karachi

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Vice Admiral (R) Ather Mukhtar HI(M)
Director General, BUHSC

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Prof. Dr. Iqbal Hussain Udaipurwala

Managing Editor:

Dr. Ayesha Saba Naz

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Dr. Syeda Hafiza Afsheen Nazir

Technical Assistant:

Mirza Hassan Ahmed



Stripe and Lamp Lighting Ceremony of BSN 1st Year Batch Spring 2023

Pakistan Navy Nursing Collage (PNNC) organized the "Stripe and Lamp Lighting Ceremony" of BSN 1st Year Batch Spring 2023 on 18 August at BUHSC(K). The chief guest of the ceremony was Vice Admiral (R) Athar Mukhtar HI (M) Director General BUHSC, and the guest of Honor was Commandant PNS Shifa. The first segment of the ceremony was placing

of the stripes on the shoulders of first year students by Chief Guest, Dean BUHS, Guest of honor, Matron and Principal PNNC. The second segment of the event continued with an impressive lamp lighting ceremony by Vice Principal Abida Razzaq with the students.

Free Hepatitis screening camp at BUHSC



A hepatitis screening camp was conducted in BUHSC(K) on 19th Oct 2023, with a total of 211 participants screened, including staff, faculty, and students.

The results showed that 1 participant tested positive for Hepatitis B (HBV), while 4 participants tested positive for Hepatitis C (HCV). Fortunately,

there were no cases of HIV positivity among the screened individuals. The overall positivity ratio for Hepatitis in the camp was 2.3%. The honourable Director General Vice Admiral Athar Mukhtar HI(M) and Dean Major General (R) Prof Dr Shehla M Baqai TI(M) appreciated the organising students and distributed certificates to them.

BS Nursing Student Led Two Days Symposium



Pakistan Navy Nursing College had arranged the first ever two days student led symposium at BUHSC(K) on 21st and 22nd November 2023. Dr. Laila Ladak Assistant Dean Post Graduate Aga Khan University SONAM and Mr. Hakim Shah Principal Indus College of Nursing and midwifery were invited as keynote speakers. The chief guest of the event was Vice Admiral(R) Ather Mukhtar HI (M) Director General, BUHSC(K) and the Guest of Honor was Maj Gen(R) Prof. Dr. Shehla M Baqai HI (M), Dean Health Sciences and HOD Obstetrics and Gyneacology. Surg. Commodore Muhammad Rafique, Commandant PNS SHIFA and various other distinguished dignitaries also attended the event.

Pink Ribbon Breast Cancer Awareness



To commemorate pink ribbon breast cancer awareness, Department of Obstetrics and Gynaecology, BUHSC(K), under the leadership of Dean health sciences, Principal BMC; Major General (R) Prof Dr. Shehla M. Baqai organized Breast Cancer awareness day (designated pink ribbon day). She enlightened on the Awareness of breast cancer. The second

talk was on "evaluation of a breast lump" by Prof Dr. Naheed Sultan, Head of the Department of Surgery. Talks were followed by interactive question and answer session. The session was followed by a walk headed by the Director General BUHSC(K), Dean Health sciences and faculty members of the College.

PG Students of Biochemistry Department Attended the Workshop on PCR and Gene Flow



A hands-on workshop was organized by Jinnah Medical & Dental College, Sohail University under the umbrella of “innovation in Health Sciences conference 2023”. The post graduate students of biochemistry department batch 1 and batch 2, Dr Zara Sami, Dr Misbah Riaz, Dr. Afsheen Zehra, Dr. Faizza Rasheed & Dr Madiha Shakeel attended the workshop over the topic of “PCR & gene flow” to upgrade their skills under the supervision of Prof Dr Rubina Ghani.

Impactful Activities Of Our Dean



Our honorable Dean health Sciences, Principal BMU, HOD Obstetrics and Gynecology department BUHSC, Maj General (R) Prof. Dr. Shehla Baqai not only remained heavily occupied with the campus activities, but she had also been imminent at various key occasions.

She had been invited as a consultant by Agha Khan University at the World Health Organization (WHO) meeting of RMNCAH&N meeting. She was the keynote speaker at the Biennial South Asian Federation of Menopause Societies (SAFOMS).

Prof. Baqai had been the lead facilitator for the “Examiners training workshop” at CPSP.

As a speaker she was invited at the 20th Health Asia Conference at Expo Karachi.

She also chaired the “Maternal Fetal Medicine session” at AKUH.

Activities of BU College of Physical Therapy



Health department Government of Sindh invited Dr. Khalid Aziz to attend first introductory and consultative meeting of Sindh Physical Therapy council. The Principals of eminent colleges of physical therapy from all over Sindh were present and Minister of Health Sindh was the Chief Guest. This meeting was held on 5th September 2023.



On 8th Sep-2023 Tabba Heart Institute organized a conference on “Innovate to Rehabilitate”. Dr. Khalid Aziz was invited as guest speaker and chairperson scientific session. The eminent scholars participated in the program.



On 9th Sep-2023 Jinnah Postgraduate Medical Center organized a conference on “World Physical Therapy Day 2023”. Dr. Khalid Aziz was invited as guest speaker.

Guest Speaker

CDR (R) AYAZ MEHMOOD



Bahria University Health Sciences campus Karachi had organized a guest lecture on 24th November 2023. The guest speaker Cdr (R) Ayaz Mehmood delivered a motivational lecture on the topic of “moral grooming, motivation and social work”. DG BUHSC, Vice Admiral (R) Athar Mukhtar, HI (M) expressed his vote of thanks and presented a shield to the guest speaker.

Our Alumni: Our Pride

DR SYED SAJJAD ALAM



DR SYED SAJJAD ALAM, alumni of Bahria University Medical and Dental College 2nd batch, did his house job from PNS Shifa hospital then joined Liaquat National Hospital for MCPS training in anesthesia. He completed his Fellowship in Anaesthesia, Critical care and pain management from Liaquat National hospital during 2018 to 2023. He established a hospital named as Al Fatima Hospital for the sake of services towards community and humanity. He is the founder and director medical services at

Al Fatima hospital, which is non-profit organization located in Gulshan-e-Iqbal Karachi, with a vision to provide quality healthcare at an affordable cost to all socioeconomic classes.

Guest Lectures at DUHS and Sohail University by ENT Department BUHSC



Two guest lectures were delivered by Prof. Dr. Iqbal Hussain Udaipurwala, Senior Professor and Head of ENT department, BUHSC. The first lecture was at Sohail University, Karachi during ‘Innovation in health sciences conference 2023’ on 23rd September 2023. The topic was ‘Allergic Rhinitis:



Diagnosis and Stepwise Management’. The second guest lecture was at Dow University of Health Sciences during the ‘2nd crash course for FCPS-II’ on 11th October 2023. The topic was ‘Diseases of the salivary glands’.



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**Meet
Our
Team**