



NEWSLETTER

Quarterly



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BUHSCK Honors Independence Day with Inspiring Leadership and Community Spirit

The 14th of August 2024 Independence Day at BUHSCK marked by a dignified National flag hoisting ceremony led by the Director General BUHSCK, Vice Admiral (Retd) Ather Mukhtar HI (M). The event saw active participation from the Director General, Dean, Director Campus, Principals, Vice Principals, faculty members, students, and esteemed alumni, whose presence added great value and nostalgia. The DG inspiring remarks highlighted the importance of unity and positive contributions to society. The celebrations were a resounding success, embodying the spirit of patriotism and community at BUHSCK.



BUHSCK Students Celebrate Independence Day with Joyful Visit to Orphanage

Students from the Community Support Program Club visited the Sirat-ul-Jannah Trust Orphanage on Independence Day 14th August 2024, bringing joy and enthusiasm to the children. Engaging in activities, sharing patriotic stories, and singing national songs, the students fostered a keen sense of unity. The event concluded with the distribution of gifts, creating a memorable celebration of independence and camaraderie.



Guest Lecture on Innovation, Bridging Academia and Industry at BUHSCK

On August 23, BUHSCK hosted a guest lecture titled “From Innovation to Commercialization,” by Mr. Ali Jaleel, Managing Director, and CEO of B. Braun Group, and supervised by Director General Vice Admiral (Retd) Ather Mukhtar. underscored the essential role of collaboration in advancing economic development and innovation, with a focus on university-industry partnerships, local challenges, and the societal impact of industry-funded research. At the end of the session, the Director General presented BUHSCK’s memento as a gesture of thanks to Mr. Ali Jaleel. During the seminar Major General (R) Dean and Principal Professor Dr. Shehla M. Baqai HI (M) spotlighted the importance of strengthening collaboration between academia and industry. The event saw active engagement from BUHSCK’s leadership, faculty, and students.



Guest Lecture on Geriatrics and Palliative Care



On August 19, Professor Dr. Fatima Naqvi (The George Washington University) delivered a guest lecture at BUHSCK on the specialty of geriatrics and palliative care. The talk, attended by faculty and students, emphasized the field's growing importance. The Dean and Principal Major General (R) Professor Dr. Shehla Baqai highlighted the value of such educational sessions for enhancing learning and professional development.

Workshop on setting Up Simulation Center in Low-Resource Country

On 8th August 2024, BUHSC hosted a workshop on setting up simulation-center in low-resource country, featuring a guest lecture by Dr. Jabeen Fayaz, SimKIDS Medical Director. The Dean and Principal Major General (R) Professor Dr. Shehla Baqai -BUHSCK, emphasized the critical importance of simulation in medical education, encouraging all faculty and students to utilize this knowledge. The workshop provided valuable insights into establishing effective simulation centers, benefiting the entire BUHSC community.



Departments of Medicine and Gynecology, Obstetrics Held Seminar Unveiling Hypertension Complexities



On August 2nd, the Department of Gynecology and Obstetrics, in collaboration with the Department of Medicine at Bahria University of Health Sciences Karachi, hosted a seminar titled "Unveiling the Complexities of Hypertension." Dean and Principal Major General (R) Professor Dr. Shehla Baqai delivered a notable presentation on hypertensive disorders during pregnancy, highlighting the importance of early detection and prevention of preeclampsia to reduce mortality and morbidity. Professor Dr. Muhammad Sajid Abbas Jaffri and Professor (R) Dr. Mansoor Ahmed provided key insights into the link between hypertension and dyslipidemia. The event concluded with a Q&A session, reinforcing the significance of ongoing education in healthcare.

Seminar on Breastfeeding Awareness, Empowering Mothers and Strengthening Community Support

On 22nd August 2024, BUHSCK hosted an impressive seminar on breastfeeding awareness, led by Major General (R) Dean and Principal Professor Dr. Shehla M. Baqai HI (M). In this seminar Major General (R) Dean and Principal Professor Dr. Shehla Baqai highlighted the critical importance, facts, challenges, and strategies of breastfeeding for mothers, children, and the community, while also outlining future actions. Professor Dr. Inayat Hussain Thaver emphasized the need to empower mothers and bridge the support gap. The event saw enthusiastic participation from faculty, students, and paramedical staff, reaffirming BUHSCK's dedication to maternal and child health.



Successful PhD Thesis Proposal Defence of Batch-I Candidates of BUHS-PGI

The weeklong activity chaired by the Dean Health Sciences & Principal Medical, Major General (R) Professor Dr. Shehla M. Baqai HI (M) 12 evaluators, supervisors, HODs of Anatomy, Physiology, Pharmacology, Public Health with Principal BUHS-PGI, PhD coordinator participated in the academic activity in the month of July 2024. 09 candidates successfully defended their PhD Thesis Proposal.



BUHSCK Leads Green Initiative with 200 Saplings Planted at Pakistan Navy Ammunition Depot (PNAD) Maripur

On July 9, 2024, BUHSCK students planted two hundred saplings at Pakistan Navy Ammunition Depot Maripur, as part of the Forest Department's monsoon plantation season. This initiative, which distributed saplings to 200 students, not only educated participants on the importance of trees but also fostered a strong sense of environmental responsibility. The event was a resounding success, aligning with BUHSCK's commitment to a greener, healthier future.

