



BAHRIA UNIVERSITY KARACHI CAMPUS



# Student Support Centre

Monthly Report  
OCTOBER 2023

**COMMUNITY SUPPORT PROGRAM (CSP)**  
**ACTIVITIES FOR THE MONTH OF OCTOBER 2023**

**1. A SEMINAR ON BUSINESS & PROFESSIONAL PRACTICES IN LIGHT OF SEERAT:**

A successful completion of a seminar on “**Business & Professional Practices In Light Of Seerat**” organized by Business Studies Department in collaboration with The Community Support Program which was held on **6<sup>th</sup> October 2023** at **Al- Beruni Auditorium** for which students were given 3 CSP hours for this informative session.

The program consisted of two segments. In the initial part, students from diverse departments delivered speeches, and subsequently, our esteemed guest speakers shared their insights during the second part.

- a. As an Islamic point of view, it emphasizes honesty, integrity, and fairness in business dealings. Practicing these values in business not only fosters trust and credibility but also contributes to a just and prosperous society, where students and professionals are inspired to uphold ethical standards.
- b. How it encourages students and professionals to engage in community service and uphold social responsibility in the light of seerat. When individuals follow these principles, they contribute to the betterment of society by addressing its needs, promoting harmony, and fostering a sense of unity and compassion among its members.



## **2. A SEMINAR ON RESQ TO THE RESCUE: BASIC FIRST AID SESSION**

The Community Support Program successfully conducted an enlightening session on "**RESQ to the rescue, Basic First-Aid Session**" in collaboration with RESQ team this seminar was held on **10th October 2023** at **Al- Beruni Auditorium** for which students were given 3 CSP hours for this informative session.

The session encompassed the following agenda:

- a. Basic Life Support (comprising CPR, rescue breaths, and the recovery position).
- b. Choking incidents (covering Adult and Infant choking scenarios, as well as the Heimlich maneuver).
- c. Management of bleeding (including the use of bandages and tourniquets).
- d. Dealing with fractures (involving the application of splints and triangular bandages).

The first aid session equipped our students with essential life-saving skills and knowledge, empowering them to respond effectively to emergencies and potentially save lives.





### 3. A SEMINAR ON NAAT/SPEECH COMPETITION

The enlightening session on “Naat/Speech Competition” this seminar was organized by the department of Islamic Studies. The event was organized by the EMC Club, with students from the debating club delivering speeches and members of the music club reciting Naat. This was held on **October 16, 2023**, at **Al-Beruni Auditorium**, and students were given 3 CSP hours for their participation.



#### **4. PINK RIBBON YOUTH PROGRAMME 2023 – BREAST CANCER AWARENESS SEMINAR:**

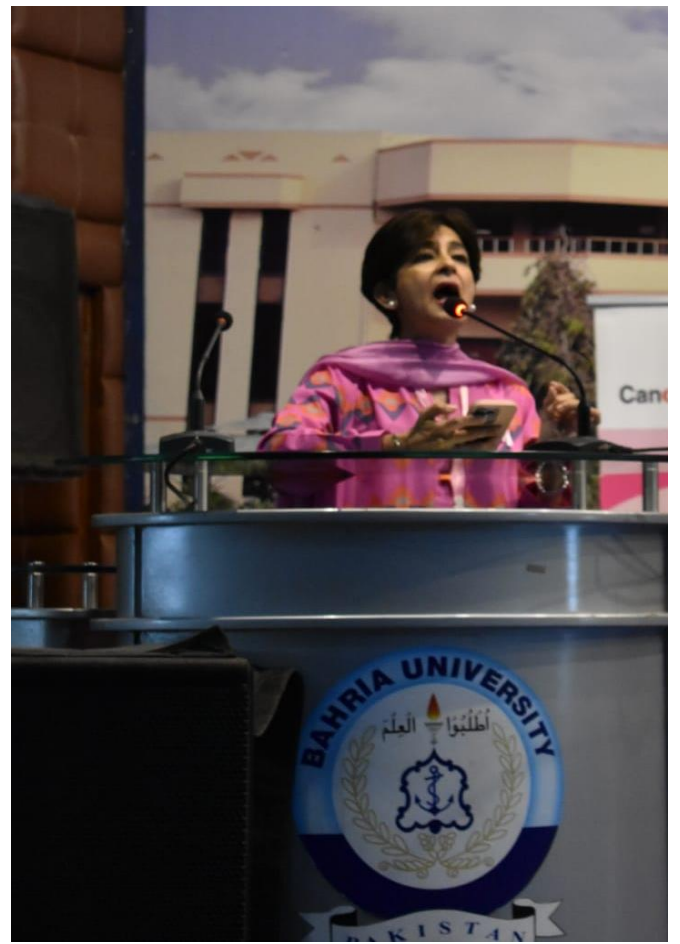
The Community Support Program successfully conducted an enlightening session on "**Pink Ribbon Youth Programme 2023- Breast Cancer Awareness Seminar**" in collaboration with the Higher Education Commission, Pink Ribbon Pakistan to raise awareness of Breast Cancer. The seminar was held on **18th October 2023** at **Al-Beruni Auditorium**. The students were given 5 CSP hours for the seminar who attended & 3 CSP hours for those students who donated for the Pink Ribbon Hospital.

The community support program conducted an informative seminar on breast cancer awareness where the;

- a. The doctor from the Pink Ribbon Youth Program delivered an informative session on breast cancer. Their expertise and insights provided valuable knowledge and awareness about this important health issue, contributing to the audience's understanding and well-being about the breast cancer.
- b. The participants adorned pink ribbons as a symbol of support and solidarity.
- c. The seminar included a valuable insights and resources to raise awareness about early detection and prevention.
- d. The drama club student's performance on breast cancer was truly outstanding, delivering a powerful and emotionally charged portrayal of the subject. The music club's contribution enhanced the entire session, providing a moving and harmonious backdrop that added depth and resonance to the performance.









## 5. VISITED AT JDC OLD AGE HOME:

The Community Support Program successfully conducted a “**Visited to JDC Old Age Home**” on **24th October 2023**, students were given 5 CSP hours for this visit. The Community Support Program conducted this activity with the students of Business Studies Department at JDC Old Age Home under the supervision of Ms. Nousheen Fatima.

- a. Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around. Some untold stories behind these smiles.
- b. These stories need to be heard. All what they crave for is Love, care and affection. In the world full of hatred, spending some time with these amazing people will definitely give you peace which we crave for during these difficult times.
- c. The main objective of this activity was to create awareness among students about disability and the importance of its social acceptance. Our students helped them in physical exercises like walking, movement of limbs and sitting & standing therapies.



## **6. A MENTORING SESSION FOR ETHICAL BEHAVIOUR, GOOD CITIZENSHIP & DIVERSITY"**

A successful completion of an impactful mentoring session themed "**Mentoring for an Ethical Behavior, Good Citizenship & Diversity**" organized on **October 25th, 2023** at **Fatima Jinnah Hall**. The students were awarded with 3 CSP hours for this mentoring session.

- a. Business Sciences Department organized this session in collaboration with the community support program under the supervision of Ms. Ayesha Khan.
- b. The session was brilliantly delivered by renowned Organizational Psychologists Ms. Numera Yousuf and Ms. Bisma Afzal from the worthy entity 'The Cast of Minds'.
- c. As an organization dedicated to promoting inclusivity and understanding in society through student mentoring framework, the session indeed provided the most valuable insights to students. "All big things come from small beginnings" was the key message.





## 7. A SEMINAR & WALK ON KASHMIR'S BLACK DAY:

The Community Support Program successfully conducted an insightful and solemn gathering for “**Kashmir Black Day**” on **27th October 2023** at **Fatima Jinnah Hall**.

- a. This event was organized by CSP in collaboration with Debating club & Music Club. For the sake of solidarity with the people of Kashmir and reflect on the challenges they face. The students were awarded with 3 CSP hours for the session.
- b. Our program included a walk then after which we had a session at Fatima Jinnah Hall where we have arranged engaging activities such as music performances that resonate with the emotions of the day, impactful speeches that shed light on the Kashmir issue, and thought-provoking guest speakers who shared insights.



